

1 *See your Gp*

Make a double appointment with your GP. The initial appointment may take some time, and your GP may have you answer some questionnaires.



2 *Referral*

Your GP will refer you to a mental health clinician for up to 5 medicare rebatable sessions per calendar year.

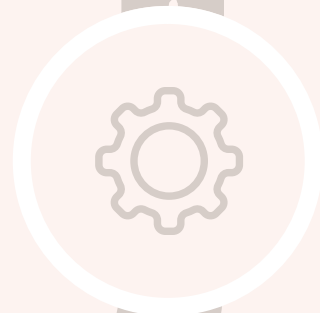
3 *Treatment Review*

After the 5 sessions, your mental health clinician will send a letter to your GP with an update about treatment outcomes.



4 *Gp Review*

You will need to make an appointment to re-visit your GP for review also.



5 *Re-Referral Considerations*

You will not be eligible for any further Medicare rebatable sessions under your CDP for the calendar year. Your GP will discuss other options with you.